

The Twig – July 2025 Official Newsletter of Infant Toddler Family Day Care

Fairwell to our Board member Adina Friedman~

We are thankful to Adina for serving on ITFDC's board for the past 6 years. A strong believer in ITFDC's mission and vision, she was hands on during her time on the board. Adina taught several provider workshops over the years and served as Board Chair. She also served on the Child Care Scholarship Committee. Adina participated in various events that ITFDC held.

As we bid farewell to Adina's current term on the board, we are looking forward to her continued involvement with ITFDC.

A few words from Adina:

My six years on the ITFDC board have gone by very fast. The reasons I joined the board in the first place remain as valid now as they were then. I believe ITFDC is an example of an organization that practices what it preaches and lives out what it espouses; it is truly a family in every sense of the word. Not only are the infants, toddlers, and their families central, but the organization treats its providers and staff as family too. It was impressive and heartwarming to see how ITFDC survived the challenging years of COVID, staying afloat financially while retaining, and caring for, staff and providers. The relationships many families have with their providers, often lasting many years, is also testament to what ITFDC means to them. ED Lisa, and Wynne before her, have always put the organization's (=the staff and providers') needs above all else. It has been a pleasure to be affiliated with an organization that exemplifies so many of the ideals I believe are important, and to work with such great people on the board! I look forward to staying in touch!



Upcoming Closings:

Independence Day

Wednesday, Thursday, and Friday, July 2nd, 3rd, & 4th 2025

Labor Day

Monday, September 1, 2025

Indigenous People Day (Columbus Day)

Monday, October 13, 2025

Our 2025 calendar is available!
[2025 Holiday Calendar](#)

TRAINING

Tuesday, Aug 19, 6:00-7:30 PM (Zoom)

Bouncing Babies-Modern Materials & Their Impact on Development in Infants and Toddlers with Debra Riegel
Explore gross motor development and the importance of floor time for infants and toddlers!

To register: Sign up with ITFDC staff to receive the meeting link!

Saturday, Sep 20, 2025, 10:00 AM – 1:00 PM (In Person Training, 3 training hours)

Reflecting on Positive Discipline with Jacky Howell – Tools to guide children's behavior to help them understand & manage their emotions. We HIGHLY RECOMMEND that all providers attend this valuable professional development opportunity! **Training location:** Mason District Government Center, 6507 Columbia Pike, Annandale

Saturday, October 4, 2025, 10:00 AM-12 Noon (ITFDC Office)

Mandated Reporter Training with CPS
Cleaning and Sanitation Training with Health Department
Review types of abuse and neglect and how to keep a clean and sanitized environment for children

Wednesday, November 12, 2025, 7:00-8:00 PM (Zoom)

ITFDC Tax Workshop

Register

here: https://us06web.zoom.us/webinar/register/WN_qSx7bIBZTbS6pAEDPO29aA



Summer Safety Tips:

At this time of summer road trips, we wanted to direct the spotlight to child safety seats!

- Virginia law requires children to ride in a rear-facing safety seat until the age of two or they reach the minimum weight limit of their forward-facing safety seat
- Use a safety seat with a five-point harness for as long as possible
- Safety seats must be used as directed by the manufacturer
- If your child falls asleep in a car seat, move them to their regular sleep space as soon as possible

It's important to choose the right car seat and use it correctly every time your child is in the car. If your child has outgrown their old car seat or you're installing an additional seat for a new baby in your home, child safety seat inspections are regularly performed at your local District Police Station.

Check the listing here to find one near you:
<https://www.fairfaxcounty.gov/police/Chief/CrimeandSafety/Traffic/SeatBeltsAndChildSafetySeats>





Some indoor activities the children participated in, teaching them to count and working on their fine motor skills!

Infant Toddler Family Day Care

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