

**The Twig – August 2024**  
**Official Newsletter of Infant Toddler Family Day Care**

**MEET OUR STAFF!**



**Marwa Abuagla (Program Assistant)**

Hi! My name is Marwa Abuagla and I am the Program Assistant at ITFDC. I am the mother of four young children who keep me super busy. I graduated from George Mason University in 2007 with a Bachelor's Degree in Health Science. My work background is in Administration and HR. I also worked as an IT Instructor to school age children in an afterschool program throughout Fairfax County.

I know that finding the right care for your child is important no matter what age your child is. It truly takes a village. I am very happy to join ITFDC and be able to assist you in finding the right care that you and your family deserve!



**Jennifer Burleson (USDA Monitor/  
Office and Events Assistant)**

My name is Jennifer Burleson. I am a USDA Monitor/Office-Events Assistant with ITFDC and have my Bachelor's Degree in Criminal Justice/  
Emergency Management.

I am the mother of 5 wonderful children, 4 sons and 1 daughter, now all young adults.

Prior to joining ITFDC, I worked for many years as a Personal Care Manager for a Home Health provider; assessing patient environments and individual needs prior to as well as throughout their care. I managed a field-staff of various Home Health professionals (CNA's, HHA's, Companions, Nursing staff) for the Department and was the POC for all time-management and payroll processing tasks/inquiries.



## Upcoming Closings:

Labor Day

Monday, September 2, 2024

Columbus Day/ Indigenous Peoples Day

Monday, October 14, 2024

Veteran's Day

Monday, November 11, 2024

Our 2024 calendar is available!  
2024 Holiday Calendar



## Upcoming Trainings:

**August 3, 2024 9:30–11:30 AM 2 training hours**  
– (Zoom Meeting)

**Introduction to Happy Mealtimes in Childcare Settings** with ICN (Institute of Child Nutrition)

This training provides child care professionals with best practices for creating positive and safe mealtime environments for young children.

Lesson topics:

Lesson 1: Implement Schedules and Routines

Lesson 2: Serve Meals Family-Style

Lesson 3: Implement Food Safety Practices

Lesson 4: Focus on Healthy Habits

**Healthy Habits to Help Protect Against Respiratory Viruses** with Fairfax County Health Department

**Th. Aug 15, 2024 6:30–8 PM 1.5 training hours** (Zoom Meeting)

Practicing healthy habits can help you reduce the chances of getting and spreading respiratory viruses like flu, RSV, and COVID-19 in your home and family day care.

Register in advance for this webinar:

[https://us06web.zoom.us/webinar/register/WN\\_0HIFsk82QL6M0SDDQDIIRg](https://us06web.zoom.us/webinar/register/WN_0HIFsk82QL6M0SDDQDIIRg)

## More training opportunities:

**Mandated Reporter Training with Samantha Carrico/ Sheemeca Berkley/ Francesca Lovitt**

**Th. Sep 5, 2024 6:30–8 PM 1.5 training hours** (Zoom Meeting)

Interactive mandated reporter training to review types of abuse & neglect, the role of a mandated reporter, how to make a CPS report, what occurs once a CPS case is initiated, & resources in/around Fairfax County

Register in advance for this webinar:

[https://us06web.zoom.us/webinar/register/WN\\_HHPiGLWASbOqQfYdEwj2Ew](https://us06web.zoom.us/webinar/register/WN_HHPiGLWASbOqQfYdEwj2Ew)

**Oct. 19, 2024, 3:30 PM– 1 training hour**  
**Early Literacy Training at FCPL– City of Fairfax Regional Branch–**

10360 North St, Fairfax, VA 22030

Contact the office or speak with your CCS to register!

**Sun, Sep. 15, 2024, 10:00 AM–3:00 PM 4 training hours + LUNCH!**

**ITFDC Professional Development Day– Business Training!**

Green Acres Gymnasium– 4401

Sideburn Road, Fairfax, VA 22030

*Workshop 1:* Organize Your Record

Keeping for Easier Tax Preparation

*Workshop 2:* Wise Money Management for Today and Tomorrow

*Workshop 3:* Marketing your Child Care Business

## Our New Child Care Rates!

The new child care rates will be effective October 1, 2024. They will be reflected on the September 15, 2024 parent invoice due October 1, 2024. Providers will receive the increase on the October 15, 2024 check. The new rates are posted on our website.



Download a copy of the 2024 Program Policies & Procedures in PDF format.

### Infant Toddler Family Day Care

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[www.infanttoddler.com](http://www.infanttoddler.com)

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