

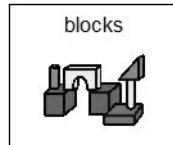
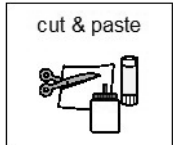
Look What I Learned!

Child's Name: _____

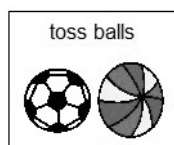
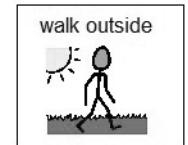
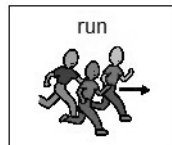
Date: _____

Provider: _____

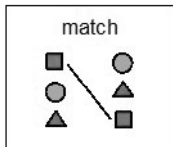
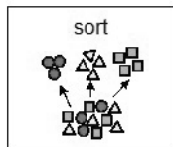
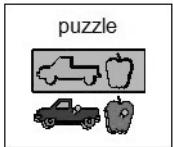
Fine Motor



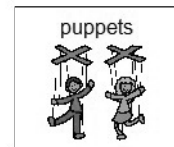
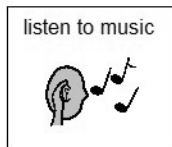
Gross Motor



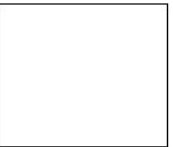
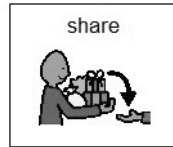
Cognitive



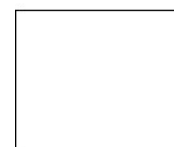
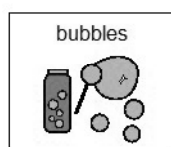
Language/Literacy



Social/Emotional















Sensory



Infant Toddler Family Day Care














Breakfast

milk 	fruit 	cereal 	apple juice 	waffles 	butter bread 	oatmeal 
pancakes 	French toast 	oatmeal w/cheese 	applesauce 			formula/ breastmilk 

Snack

cheese & crackers 	fruit 
goldfish crackers 	string cheese 
vegetables 	apple juice 
yogurt 	soft pretzel 
cookies 	formula/ breastmilk 
water available during the day 	

Lunch

milk 	chicken 	beef 	bread 	cheese 	macaroni & cheese 	fruit 
vegetables 	fish 	beans 	salad 	rice 		formula/ breastmilk 

Dinner

milk 	ground beef 	vegetable 	bread 	fruit salad 	noodles 	fish 
chicken 	salad 	rice balls 	rice 			formula/ breastmilk 

Notes:

Self-Help

brush teeth 	get dressed 
wash hands 	I used silverware 
brush hair 	I used the toilet! 





Nap Time:

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Diaper changes:

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Supplies needed:

diaper 	wipes 	shirt 	pants 			
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web site: www.infanttoddler.com